## **Psalms of Trust**

Psalm 131

## **Description**

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Examples: *Psalm 11; 16, 23, 27:1-6; 62; 63; 91; 121; 125; 131
Relation to Laments
Typical Form / Components
       Declaration of Trust
              *23:1 "The LORD is my Shepherd
                            I shall not want."
              *27:1 "The LORD is my light & my salvation;
                            whom shall I fear?"
              *125:1 "Those who trust in the LORD are like Mt.Zion,
                            which cannot be moved, but abides forever."
       Basis of Trust
              *11:1 "In the LORD I take refuge" *cf. 16:1
              *23:1 "The LORD is my Shepherd"
              *27:1 "The LORD is my light & my salvation."
              *62:1 "He alone is my rock & my salvation, my fortress."
              *121:2 "The LORD is my help"
              *121:5 "The LORD is your keeper"
         *Also the safety of those who trust in him
              *23:5 "you prepare a table for me in presence of enemies"
              *27:1 "... whom shall I fear?"
              *62:1 "... my fortress; I shall not be greatly shaken.
              *125:1 "Those who trust in the LORD are like Mt.Zion,
                            which cannot be moved, but abides forever."
       Call Others to Trust
              *27:14 "Wait for the LORD;
                            be strong, & let your heart take courage;
                            wait for the LORD!"
              *125:1 "Those who trust in the LORD are like Mt.Zion,
                            which cannot be moved, but abides forever."
              *131:3 "O Israel, hope in the LORD
                            from this time forth & forevermore."
Samples
*Psalm 62
       *Superscript: A psalm of David.
       *1-2 Declaration of Trust
              1 For God alone my soul waits in silence;
                     from him comes my salvation.
              2 He alone is my rock and my salvation,
                     my fortress; I shall not be greatly shaken.
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#### \*3-4 Interior Lament

3 How long will all of you attack a man to batter him, like a leaning wall, a tottering fence? 4 They only plan to thrust him down from his high position.

They take pleasure in falsehood.

They bless with their mouths,

but inwardly they curse. Selah

## \*5-7 Further Affirmation of Trust

5 For God alone, O my soul, wait in silence,

for my hope is from him.

6 He only is my rock and my salvation,

my fortress; I shall not be shaken.

7 On God rests my salvation and my glory;

my mighty rock, my refuge is God.

#### \*8-10 Exhortation to others to trust

8 Trust in him at all times, O people;

pour out your heart before him;

God is a refuge for us. Selah

9 Those of low estate are but a breath;

those of high estate are a delusion;

in the balances they go up;

they are together lighter than a breath.

10 Put no trust in extortion;

set no vain hopes on robbery;

if riches increase, set not your heart on them.

### \*11-12 Basis of Trust

11 Once God has spoken;

twice have I heard this:

that power belongs to God,

and that to you, O Lord, belongs steadfast love.

For you will render to a man according to his work.

#### \*Psalm 11

### \*1-3 Declaration of Trust

Of David.

<sup>1</sup> In the LORD I take refuge;

how can you say to my soul,

"Flee like a bird to your mountain,

<sup>2</sup> for behold, the wicked bend the bow;

they have fitted their arrow to the string

to shoot in the dark

at the upright in heart;

<sup>3</sup> if the foundations are destroyed,

what can the righteous do?"

### \*4-7 Basis of Trust

<sup>4</sup> The LORD is in his holy temple;

the LORD's throne is in heaven;

his eyes see,

his eyelids test the children of man.

<sup>5</sup> The LORD tests the righteous,

but his soul hates the wicked

and the one who loves violence.

<sup>6</sup> Let him rain coals on the wicked;

fire and sulfur

and a scorching wind shall be the portion of their cup.

<sup>7</sup> For the LORD is righteous; he loves righteous deeds; the upright shall behold his face.

To the choirmaster

#### \*Psalm 16

A Miktam of David.

#### \*1-4 **Declaration** of Trust

1 Preserve me, O God,

for in you I take refuge.

2 I say to the LORD, "You are my Lord;

I have no good apart from you."

3 As for the saints in the land, they are the excellent ones, in whom is all my delight.

4 The sorrows of those who run after another god shall multiply; their drink offerings of blood I will not pour out or take their names on my lips.

#### \*5-8 Basis of Trust

5 The LORD is my chosen portion

and my cup; you hold my lot.

6 The lines have fallen for me in pleasant places;

indeed, I have a beautiful inheritance.

7 I bless the LORD who gives me counsel;

in the night also my heart instructs me.

8 I have set the LORD always before me;

because he is at my right hand, I shall not be shaken.

#### **\*9-11 Further Affirmation** of Trust

9 Therefore my heart is glad, and my whole being rejoices;

my flesh also dwells secure.

10 For you will not abandon my soul to Sheol,

or let your holy one see corruption.

11 You make known to me the path of life;

in your presence there is fullness of joy;

at your right hand are pleasures forevermore.

#### \*Psalm 23

A Psalm of David.

<sup>1</sup> The LORD is my shepherd; I shall not want.

He makes me lie down in green pastures.

He leads me beside still waters.

He restores my soul.

He leads me in paths of righteousness

for his name's sake.

<sup>4</sup> Even though I walk through the valley of the shadow of death,

I will fear no evil,

for you are with me;

your rod and your staff,

they comfort me.

<sup>5</sup> You prepare a table before me

in the presence of my enemies;

you anoint my head with oil;

my cup overflows.

<sup>6</sup> Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the LORD forever.

### **Psalm 131**

A Song of Ascents. Of David.

# \*1-2 Declaration of Trust

O LORD, my heart is not lifted up;
 my eyes are not raised too high;
 I do not occupy myself with things
 too great and too marvelous for me.
 But I have calmed and quieted my soul,
 like a weaned child with its mother;
 like a weaned child is my soul within me.

### \*3 Call to Trust

<sup>3</sup> O Israel, hope in the LORD from this time forth and forevermore.

### **Theme**

### **Survey Exposition**

- \*1 What David does **not** do
- \*2 What David has Done
- \*3 What all God's ppl should do